



# Students: What to do if have COVID-19 or have been in close contact

## COVID-19 Case or Contact

Any student who tests positive for COVID-19 or who has symptoms of COVID-19 will be required to self-quarantine immediately and contact the Vice President of Operations at 701-854-8001 or 701-226-5775, or through email at [koreen.ressler@sitbull.edu](mailto:koreen.ressler@sitbull.edu) for guidance on following the most current recommendations from the North Dakota Department of Health (ND DoH) and Centers for Disease Control. The Vice President of Operations will notify your instructors so that during quarantine arrangements can be made for continued classroom participation and assignments. **The Sitting Bull College app also has a self-reporting tab to check if your test results were positive or negative. We do ask that this is completed so we can notify all students and employees that may have been in contact with you.**

Any student who is considered to be in close contact with someone who tests positive for the COVID-19 will be required to self-isolate immediately and notify the Vice President of Operations immediately.

What counts as close contact?

- You were within 6 feet of someone who has COVID-19 for at least 15 minutes
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (touched, hugged, or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you

## Return to class:

Any student required to quarantine based upon a positive diagnosis or close contact to someone with a positive diagnosis, are required to follow up with the Student Nurse prior to their return to work. If School Nurse is not available, then contact the Vice President of Operations. Your instructors will be notified that you are cleared to return to class.

Symptom-Based Strategy for Discontinuing Transmission-Based Precautions.

- At least 10 days have passed since symptoms first appeared and
- At least 24 hours have passed since last fever without the use of fever-reducing medications and
- Symptoms (e.g., cough, shortness of breath) have improved

Test-Based Strategy for Discontinuing Transmission-Based Precautions.

Patients who are not symptomatic:

- Results are negative from at least two consecutive respiratory specimens collected  $\geq 24$  hours apart (total of two negative specimens) tested using an FDA-authorized molecular viral assay to detect SARS-CoV-2 RNA. See Interim Guidelines for Collecting, Handling, and Testing Clinical Specimens for 2019 Novel Coronavirus (2019-nCoV).

For more information about Sitting Bull College opening plan visit <https://sitbullcollege.files.wordpress.com/2020/08/college-wide-guidelines-for-reopening-1.pdf>